

Palmyra Area Recreation & Parks Commission (PARPC)

838-9244

www.palmyrarec.org

2018 SWIM LESSONS @ Palmyra High School

AGES 5 - 12 FEE: (\$65 \$60 siblings) (\$75 non PASD)

- Must be able to place face underwater & be comfortable going into 5 ft pool *
- Must have NO fear of Water

Mondays & Wednesdays Oct. 1, 3,10,15,17,22,24,29 2018

NAME _____ Male _____ Female _____

Age _____ Grade Spring 2018 _____ School District _____

Participant lives with: (circle one) Mother Father Both Joint Other: _____

PARENT(S)/GUARDIAN INFO:

FATHER: _____

name

address

Best phone # for messages _____ E-Mail: _____

MOTHER: _____

name

address

Best phone # for messages _____ E-Mail: _____

SIBLING taking swim lessons Name _____ Grade _____

Allergies/health problems _____

Insurance Provider _____

I confirm that my child is medically fit to take part in this activity Y _____ N _____

Our family resides in:

North Londonderry South Londonderry Palmyra Borough Other

Permission given for photos to be taken/used in Recreation publicity Y _____ N _____

Level 1 6:00 - 6:30 _____ Intro Water Skills * Water Safety Skills

Level 2 6:35 - 7:05 _____ Intro to Fundamental Swim Skills * Water Safety Skills

Level 3 7:10 - 7:40 _____ Stroke development * Aquatic & Water Safety Skills

Level 4 & 5 7:45 - 8:15 _____ Stroke Improvement * Water Safety Skills

Swim Lessons done in junction with Palmyra Aquatics Club.

Amt Rec. \$ _____ Cash _____ Check (CK # _____) _____ Coaches Certificate

Palmyra Recreation and Parks Commission (PARPC) (9/09)

WAIVER AND RELEASE FORM

In consideration of being allowed to participate in any way in the Palmyra Area Recreation and Parks Commission athletic/sports program, related events and activities, the undersigned acknowledges, appreciates, and agrees that:

1. The risk of injury from activities involved in this program is significant, including the potential for permanent paralysis and death, and while particular rules, equipment, and personal discipline may reduce this risk, the risk of serious injury does exist; and,
2. I knowingly and freely assume all such risks, both known and unknown, even if arising from the negligence of the releasees or others and assume full responsibility for my/my child's participation; and,
3. I willingly agree to comply with the stated and customary terms and conditions for participation. If I observe any unusual significant hazard during my presence or participation, I will remove myself/my child from participation and bring such to the attention of the nearest official immediately; and,
4. I, for myself and on behalf of my heirs, assigns, personal representatives, and next of kin, hereby release the Palmyra Area Recreation and Parks Commission, officials, agents, and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and, if applicable, owners and lessors of premises used to conduct the event (releasees) with respect to any and all injury, disability, death, or loss or damage to person or property, whether caused by the negligence of the releasees or otherwise.
5. I, for myself/my child and on behalf of my heirs, assigns, personal representatives, and next of kin, hereby indemnify and hold harmless all the above releasees from any and all liabilities incidental to my/my child's involvement or participation in these programs.

I have read this release of liability and assumption of risk agreement, fully understand its terms, understand that I have given up substantial rights by signing it, and sign it freely and voluntarily without any inducement.

Parent or Guardian's Signature for
Minors Under Age 18

Minor's Name

Date Signed _____