



PARPC ATHLETE TRACK MEET EVENT FORM

Athlete Name _____

Age as of December 31, 2019 _____

Field Events open to all ages:

Softball Throw Running Long Jump

Track Events for ages 6-8: 50 meter dash, 100 meter dash

*** Track Events for ages 9-10:** 100 meter dash, 200 meter dash, 400 meter dash, 4 x 400 meter relay, U13 Mile**

*** Track Events for ages 11-12:** 100 meter dash, 200 meter dash, 400 meter dash, 800 meter run, 4 x 400 meter relay, U13 Mile**

*** Track Events for ages 13-14:** 100 meter dash, 200 meter dash, 400 meter dash, 4 x 400 meter relay, 800 meter run, 1600 meter run,