

PALMYRA AREA RECREATION & PARKS COMMISSION (PARPC)

838-9244 (AFTER HOURS CALL 926-9673)

WEED WHACKER RULES

- All players must play at least ½ of the game.
- Games are 36 minutes in length- 18 minute halves (**except 1st & 2nd grade – see below**)
- Games will begin with a pass back and all games that end in a tie will remain in a tie. Team records will not be recorded, there are no playoffs. A coin toss will determine possession at beginning of game and second half possession will be awarded to the team who lost the coin toss.
- Substitutes will be on a rolling basis.
- There will be no timeouts.
- At the half - two minute break & teams will switch direction of play.
- **NOTE - If so many players are missing that a game cannot be played according to the following guidelines, coaches and officials will decide # of players on the field *before* the start of the game.**
- **Grades 1 & 2 will play 5 v 5 *without* a goalie, and player formation is generally 2 forwards, 1 mid-field players and 2 backs.**
(If only 6 players/team, play 15 minute halves with narrowed field or 12 minute halves with field left as is.)
- **Grades 3 & 4 will play 6 v 6 *without* a goalie, and player formation is generally 2 forwards, 3 mid-field players and 1 back to total 6.**
- **Grades 5-8 will play 7 v 7 *with* a goalie, and player formation is generally 2 forwards, 3 mid-field players, 1 back, and a goalie to total 7.**
- **Grades 5-8 - Goalies need to wear all equipment supplied to them. **COACHES please encourage goalies to move their feet and use their kickers. If necessary take away their stick to further encourage this.****
- **The "Self-Start" Rule will be used at the 3rd & 4th & 5th -8th grade levels. A self-start free hit must be two "distinct" touches. A player may not simply start dribbling. COACHES please encourage your players to appropriately use the self-start rule in order to make a quick pass and not use it just to dribble.**

- **When the ball goes out of bounds, long hits will be taken from approximately the 25, in line with where the ball went out over the end line.**
- **If inclement weather occurs the final decision will be made on the field by the referees and or coaches. Please inform the rec office if there is a weather cancellation. Time and facility space will be the main factors in the decision of make-up games.**
- **There is to be no jewelry worn. No exceptions to this rule! This applies to all piercings, not just ears!**
- **NOTE: We ask the first set of games every weekend (5th – 8th grade games) for the coaches to ask a player or two to put cones up for sidelines for three fields. There will be a stack of cones by one of the field's goals or at ITN lobby desk for the side lines. Also the last teams who play (1st & 2nd grade teams) will please pick the cones back up and put them in one neat pile in the ITN lobby. * EXCEPTION- reversed roles for Thursday, October 8th- 1&2 grade set up and 5-8 grade return cones due to playing times during the week are reversed.**