

PALMYRA AREA RECREATION & PARKS COMMISSION (PARPC)

1ST & 2ND BASKETBALL RULES

- Game will consist of **4 (8 minute) quarters** Break at **4 minute** mark of each quarter for substitutions. One minute halftime. This is only stoppage of play other than injury.
- Games - scheduled every **45 min.**
- Teams will play **5 vs. 5** using whole court [not ½ court width wise as in 2012]
- Team defense will be man to man only.
- Slow break rules apply: The ball cannot cross the mid-court line until all defensive players have entered the front court, and the ball has to be dribbled across the mid-court (not passed).
- **Change of possession should come from rebounding. No “gator chomp” stealing. Can steal ball on bad passes. Blocking shots ok. When player is defending, only hands up defense used. No one learns when stealing regularly occurs.**
- Foul shots will be taken only on shooting fouls. Foul lines for the shooter will be at the discretion of the Coach [referee] and the skill level of the child.
- A coach from each team will referee a half of a game. (for example, referee every other quarter or a complete half then switch)
- A Coach [referee] should call fouls and instruct the child as to what he or she did wrong. For example, call a double dribble but possession does not change.
- **Keep in mind this is an INSTRUCTIONAL league. Encourage sportsmanship and fun so that children are not discouraged from the sport.**
- In this grade level, score is not kept, winning is not emphasized
- Coaches and players shake hands at end of each competition.
- Each child will play equal time or as close to equal as possible.

FACILITY RULES

1. All participants and non-participants should remain in the gymnasium at all times.
2. No running through school hallways or playing with SACC or school equipment..
3. **NO FOOD OR DRINKS [water only] IN GYM AREA!**
4. Do not prop outside door open; have volunteer wait by door for player arrivals.
5. All equipment including basketballs/pinnies will be stored in mesh bags.
6. The **LAST TEAM** to practice should make sure that:
 - a) Baskets are put back **against wall @ Forge, against stage @ Northside**
 - b) All basketballs/pinnies are collected and put back in proper storage.
 - **Forge** – right side of stage **Northside** – behind curtain on right side of stage
 - **Lingle** – Rec storage closet **Pine** – Rec storage closet
 - c) All drink bottles, trash, clothing are removed from gym area at end of practice / game.

**ISSUES... CALL OFFICE - 838-9244 (M/T/TH 8 - 4 W 8 - 6 F 8 - NOON)
926-9673 CINDY (AFTER HOURS)**