

# Palmyra Area Recreation and Parks Commission (PARPC)

## *Groove Dance Classes with Elaine*

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**Cost: \$40 Session 1: Thursdays May 13-June 3 (4 weeks) Time: 7pm-8pm Please dress in layers as body temps will rise. Bring water bottle, yoga mat, blanket or towel to rest during Stillness. Drop ins: \$12/class Location: Grass area in front of the Palmyra Municipal Building**

**PARTICIPATION INFORMATION** \_\_\_\_\_ Male \_\_\_\_\_ Female

Last Name \_\_\_\_\_ First Name \_\_\_\_\_

Address \_\_\_\_\_

North Londonderry South Londonderry Borough Other

Phone \_\_\_\_\_ Email \_\_\_\_\_

Pertinent Allergies/Health Problems \_\_\_\_\_

Mobility Issues – Bring a chair as moves can be done seated.

Health Insurance Provider: \_\_\_\_\_

(If Applicable) Parent/Guardian \_\_\_\_\_

School \_\_\_\_\_ Grade \_\_\_\_\_

**PERMISSION FOR PHOTOS TO BE USED IN RECREATION PUBLICITY** Y\_\_\_ N\_\_\_

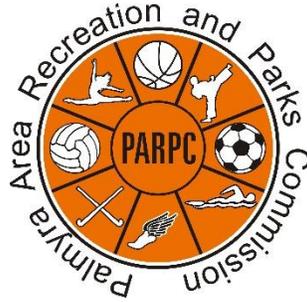
I acknowledge that I have complete understanding of the potential risk associated with this activity, including injury and death, and I voluntarily agree to assume all such risk. I hereby release, discharge, indemnify, and agree to hold the Palmyra Area Recreation and Parks Commission, its officers, agents, and employees, harmless from and against any and all liability, claims actions, suits, damages, losses, or injuries of any kind, nature, or description, included within limitation personal injuries and/or death, medical expenses, and economic damages arising or claimed as a result of any act or omission related to the program/activity offered by the Palmyra Area Recreation and Parks Commission.

Signature \_\_\_\_\_ Date \_\_\_\_\_

**Note: Please make checks payable to – “PARPC”**

**Mail to: PARPC, 325 S. Railroad Street, Palmyra, PA 17078**

Office use only: Amt Received \$ \_\_\_\_\_ Cash \_\_\_\_\_ Check # \_\_\_\_\_



## **Palmyra Area Recreation and Parks Commission Participation Waiver for Communicable Diseases Including COVID-19**

The COVID-19 pandemic has presented athletics across the world with a myriad of challenges. The COVID-19 virus is a highly contagious illness that primarily attacks the upper respiratory system. The virus that causes COVID-19 can infect people of all ages. Research from the Centers for Disease Control, among others, has found that while children do get infected by COVID-19, relatively few children with COVID-19 are hospitalized. However, some severe outcomes have been reported in children, and a child with a mild or even asymptomatic case of COVID-19 can spread the infection to others who may be far more vulnerable. While it is not possible to eliminate all risk of furthering the spread of COVID-19, the current science suggests there are many steps schools can take to reduce the risks to students, coaches, and their families.

The PARPC will take the necessary precautions and recommendations from the federal, state, and local governments, CDC, PA DOH, WHO, as well as the NFHS and PIAA. The PARPC realizes the knowledge regarding COVID-19 is constantly changing as new information and treatments become available. These recommendations will be adjusted as needed and as new information becomes available in order to decrease the risk of exposure for our staff, program participants, and spectators.

I understand that participating in athletic programs, events, and activities may include a possible exposure to a communicable disease including but not limited to MRSA, influenza, and COVID-19. While particular recommendations and personal discipline may reduce the risk, the risk of serious illness and death does exist. I knowingly and freely assume all such risks, both known and unknown, even if arising from the negligence of others, and assume full responsibility for my participation. I willingly agree to comply with the stated guidance put forth by the PARPC to limit the exposure and spread of COVID-19 and other communicable diseases.

Sport and Grade \_\_\_\_\_

Signature of Parent/Guardian \_\_\_\_\_

Date: \_\_\_\_\_

Athlete Signature: \_\_\_\_\_

Date: \_\_\_\_\_