

PALMYRA AREA RECREATION & PARKS COMMISSION (PARPC)

325 S. Railroad St., Palmyra, PA 17078 838-9244 www.palmyrarec.org

2024 GIRLS FIELD HOCKEY CAMP

(1st - 6th grade)

August 5th, 6th, & 7th (rain date Thursday, Aug 8th)

6 – 8pm @ Palmyra High School Turf Field

CAMP FEE: \$65 (\$75 nonPASD)

(Optional) STICKS FOR SALE THROUGH July 11th : Discounted Hockey sticks- 28", 30", 32", 34" cost \$36 Limited amount of 29" Sticks available at a deep discount of \$20

NO sticks will be ordered after July 11th

REGISTRATION CLOSSES AFTER JULY 11TH

PLEASE NOTE: NO CAMP TSHIRTS WILL BE ORDERED AFTER JULY 11TH

**** Field Hockey stick, shin guards, and mouth guards are required to play.****

NAME: _____ Female _____

Age _____ Grade Fall 2024 _____ School District _____

Child lives with: (circle one) Mother Father Both Both - Joint Other: _____

GUARDIAN #1: _____

Name Address

Best Contact Phone # _____ Best Email Contact _____

GUARDIAN #2: _____

Name Address

Best Contact Phone # _____ Best Email Contact _____

Allergies/Health issues: _____ Insurance Provider: _____

I confirm that my child is medically fit to take part in this activity Y _____ N _____

Our family resides in:

North Londonderry South Londonderry Palmyra Boro Other

T-Shirt - Youth SM(6-8) Youth M(10-12) Youth L(14-16) Adult S Adult M Adult L Adult XL

Note: shirts may run small!

Permission given for photos to be taken/used in Recreation publicity (no names are ever used) Y _____ N _____

My daughter has participated in PARPC or Club Field Hockey Y _____ N _____ # of years _____

My daughter has a Field Hockey Stick: _____

Need Field Hockey Stick 28" _____ 29" _____ 30" _____ 32" _____ 34" _____ Cost: (above & varied & due by June 26)

*Note for stick size: Measure the field hockey stick size from the floor to the top of the hip bone and go with the shorter size stick to maximize control.

**** Field Hockey stick, shin guards, and mouth guards are required to play.****

Amt Rec. \$ _____ Cash _____ Check (CK # _____) Coach Certificate _____

Palmyra Recreation and Parks Commission (PARPC) (9/09)
WAIVER AND RELEASE FORM

In consideration of being allowed to participate in any way in the Palmyra Area Recreation and Parks Commission athletic/sports program, related events and activities, the undersigned acknowledges, appreciates, and agrees that:

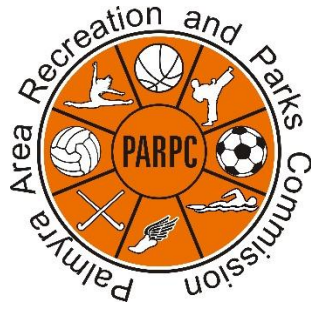
1. The risk of injury from activities involved in this program is significant, including the potential for permanent paralysis and death, and while particular rules, equipment, and personal discipline may reduce this risk, the risk of serious injury does exist; and,
2. I knowingly and freely assume all such risks, both known and unknown, even if arising from the negligence of the releasees or others and assume full responsibility for my/my child's participation; and,
3. I willingly agree to comply with the stated and customary terms and conditions for participation. If I observe any unusual significant hazard during my presence or participation, I will remove myself/my child from participation and bring such to the attention of the nearest official immediately; and,
4. I, for myself and on behalf of my heirs, assigns, personal representatives, and next of kin, hereby release the Palmyra Area Recreation and Parks Commission, officials, agents, and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and, if applicable, owners and lessors of premises used to conduct the event (releasees) with respect to any and all injury, disability, death, or loss or damage to person or property, whether caused by the negligence of the releasees or otherwise.
5. I, for myself/my child and on behalf of my heirs, assigns, personal representatives, and next of kin, hereby indemnify and hold harmless all the above releasees from any and all liabilities incidental to my/my child's involvement or participation in these programs.

I have read this release of liability and assumption of risk agreement, fully understand its terms, understand that I have given up substantial rights by signing it, and sign it freely and voluntarily without any inducement.

Parent or Guardian's Signature for
Minors Under Age 18

Minor's Name

Date Signed _____



Palmyra Area Recreation and Parks Commission Participation Waiver for Communicable Diseases Including COVID-19

The COVID-19 pandemic has presented athletics across the world with a myriad of challenges. The COVID-19 virus is a highly contagious illness that primarily attacks the upper respiratory system. The virus that causes COVID-19 can infect people of all ages. Research from the Centers for Disease Control, among others, has found that while children do get infected by COVID-19, relatively few children with COVID-19 are hospitalized. However, some severe outcomes have been reported in children, and a child with a mild or even asymptomatic case of COVID-19 can spread the infection to others who may be far more vulnerable. While it is not possible to eliminate all risk of furthering the spread of COVID-19, the current science suggests there are many steps schools can take to reduce the risks to students, coaches, and their families.

The PARPC will take the necessary precautions and recommendations from the federal, state, and local governments, CDC, PA DOH, WHO, as well as the NFHS and PIAA. The PARPC realizes the knowledge regarding COVID-19 is constantly changing as new information and treatments become available. These recommendations will be adjusted as needed and as new information becomes available in order to decrease the risk of exposure for our staff, program participants, and spectators.

I understand that participating in athletic programs, events, and activities may include a possible exposure to a communicable disease including but not limited to MRSA, influenza, and COVID-19. While particular recommendations and personal discipline may reduce the risk, the risk of serious illness and death does exist. I knowingly and freely assume all such risks, both known and unknown, even if arising from the negligence of others, and assume full responsibility for my participation. I willingly agree to comply with the stated guidance put forth by the PARPC to limit the exposure and spread of COVID-19 and other communicable diseases.

Sport: _____

Signature of Parent/Guardian: _____

Date: _____

Signature of Student Athlete: _____ Date _____