

# 2024 GIRLS FIELD HOCKEY

Three Divisions in Grades (1-2)(3-4)(5-8) Practices begin the week of August 19<sup>th</sup>

**Register by July 11<sup>th</sup> FEE: \$75** (2<sup>nd</sup> family member \$70) (\$85 non PASD)

(Late fee - \$20 July 12<sup>th</sup> – July 18<sup>th</sup>) Closed after July 18<sup>th</sup>

**STICKS FOR SALE THROUGH JUNE 26<sup>TH</sup> : Discounted Hockey sticks- 28", 30", 32", 34" cost \$36**

**29" Sticks available at a deep discount of \$20**

**\*\*\*NO sticks will be ordered after June 26<sup>th</sup> to be in time for assessments\*\*\***

**MANDATORY ASSESSMENTS AT PA UNITED SPORTS FACILITY- 202 PIPER CIRCLE, ANNVILLE PA**

**\*\*\*Must be registered to go to assessments\*\*\***

**3<sup>RD</sup> & 4<sup>th</sup> GRADERS ASESSMENTS July 9<sup>TH</sup> or 16<sup>th</sup> (choose 1) from 5:30-6:30pm**

**5<sup>th</sup> - 8<sup>th</sup> GRADERS ASESSMENTS July 9<sup>th</sup> or 16<sup>th</sup> (choose 1) from 6:30-7:30pm**

**FIELD HOCKEY STICK, MOUTH GUARD AND SHIN GUARDS REQUIRED TO PLAY**

NAME: \_\_\_\_\_

Age \_\_\_\_\_ Grade Fall 2024 \_\_\_\_\_ \*7<sup>th</sup> and 8<sup>th</sup> Graders are encouraged to either play Rec OR Middle School hockey- not both. School District \_\_\_\_\_

Child lives with: (circle one) Mother Father Both Both - Joint Other: \_\_\_\_\_

PARENT(S)/GUARDIAN INFO:

GUARDIAN #1: \_\_\_\_\_  
Name Address

Best Phone to Contact: \_\_\_\_\_ Best email to contact: \_\_\_\_\_

GUARDIAN #2: \_\_\_\_\_  
Name Address

Best Phone to Contact: \_\_\_\_\_ Best email to contact: \_\_\_\_\_

SIBLING playing this sport Name \_\_\_\_\_ Grade \_\_\_\_\_

Allergies/Health issues: \_\_\_\_\_ Insurance Provider: \_\_\_\_\_

I confirm that my child is medically fit to take part in this activity Y \_\_\_\_\_ N \_\_\_\_\_

Our family resides in:

North Londonderry South Londonderry Palmyra Borough Other

T-Shirt Circle One - Youth Small (6-8) Youth Med (10-12) Youth Large (14-16) Adult Small Adult Med Adult Lg  
**SHIRTS RUN SMALL**

**How many years experience do you have playing recreational field hockey?** \_\_\_\_\_

**Are you or have you ever played on a club team? YES or NO If yes, how many years in club?** \_\_\_\_\_

Permission given for photos to be taken/used in Recreation publicity (names never used) Y \_\_\_\_\_ N \_\_\_\_\_

Check Days when player is **NOT AVAILABLE** for Practice

\_\_\_ M \_\_\_ T \_\_\_ W \_\_\_ TH \_\_\_ F \_\_\_ Sat \_\_\_ Sun (pm)

**We Do Not Grant Requests For Team Placements.** My child will play regardless of placement. \_\_\_\_\_

Families w/siblings within age group will automatically be put on the same team. (initials)

Need Field Hockey Stick (CIRCLE SIZE) 28" 29" 30" 32" 34" Cost: (above & varied & due by June 26)

**COACHES / ASSISTANT COACHES NEEDED.** Please select if interested.

Position: HEAD COACH ASSISTANT COACH

Name: \_\_\_\_\_ Phone #: \_\_\_\_\_

Would like to coach with: \_\_\_\_\_ T-shirt size \_\_\_\_\_

X on days Parent coach/asst coach is **NOT AVAILABLE** to Practice \_\_\_ M \_\_\_ T \_\_\_ W \_\_\_ TH \_\_\_ F \_\_\_ Sa \_\_\_ Sun (pm)

**TEAM SPONSORS NEEDED-** \$135 Donation includes business or organization on the back of the uniforms.

Sponsor Organization/ Business Name \_\_\_\_\_ Contact Number \_\_\_\_\_

Amt Rec. \$ \_\_\_\_\_ Check (CK # \_\_\_\_\_) \_\_\_\_\_ Cash

**Palmyra Recreation and Parks Commission (PARPC)**  
**WAIVER AND RELEASE FORM**

In consideration of being allowed to participate in any way in the Palmyra Area Recreation and Parks Commission athletic/sports program, related events and activities, the undersigned acknowledges, appreciates, and agrees that:

1. The risk of injury from activities involved in this program is significant, including the potential for permanent paralysis and death, and while particular rules, equipment, and personal discipline may reduce this risk, the risk of serious injury does exist; and,
2. I knowingly and freely assume all such risks, both known and unknown, even if arising from the negligence of the releasees or others and assume full responsibility for my/my child's participation; and,
3. I willingly agree to comply with the stated and customary terms and conditions for participation. If I observe any unusual significant hazard during my presence or participation, I will remove myself/my child from participation and bring such to the attention of the nearest official immediately; and,
4. I, for myself and on behalf of my heirs, assigns, personal representatives, and next of kin, hereby release the Palmyra Area Recreation and Parks Commission, officials, agents, and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and, if applicable, owners and lessors of premises used to conduct the event (releasees) with respect to any and all injury, disability, death, or loss or damage to person or property, whether caused by the negligence of the releasees or otherwise.
5. I, for myself/my child and on behalf of my heirs, assigns, personal representatives, and next of kin, hereby indemnify and hold harmless all the above releasees from any and all liabilities incidental to my/my child's involvement or participation in these programs.

**I have read this release of liability and assumption of risk agreement, fully understand its terms, understand that I have given up substantial rights by signing it, and sign it freely and voluntarily without any inducement.**

\_\_\_\_\_  
Parent or Guardian's Signature for  
Minors Under Age 18

\_\_\_\_\_  
Minor's Name

Date Signed \_\_\_\_\_

# Palmyra Area Recreation & Parks Commission (PARPC)

## PARENTAL CODE OF CONDUCT

The essential elements of character building and ethics in sports are embodied in the concept of sportsmanship: trustworthiness, respect, responsibility, fairness, caring and good citizenship.

**I therefore agree: (please initial each line)**

- \_\_\_\_\_ I will not force my child to participate in sports.
- \_\_\_\_\_ I will remember that children participate to have fun and that the game is for the YOUTH.
- \_\_\_\_\_ I will inform both PARPC and the coach of any disability or ailments that may affect my child or the safety of others.
- \_\_\_\_\_ I (and my guests) will be a positive role model for my child and encourage sportsmanship by showing respect, courtesy and by demonstrating positive support for all players, coaches, officials, PARPC staff and spectators at every game, practice or other events.
- \_\_\_\_\_ I (and my guests) will not engage in any kind of unsportsmanlike conduct with any official, coach, player, or parent such as booing and taunting; refusing to shake hands; or using profane language or gestures.
- \_\_\_\_\_ I (and my guests) will respect the officials and their authority during games and will not question, discuss, or confront coaches at the game, and will take time to speak with coaches at an agreed upon time and place.
- \_\_\_\_\_ I will not encourage any behaviors/practices that would endanger the health/wellbeing of athletes.
- \_\_\_\_\_ I will teach my child that doing one's best is more important than winning, so that my child will never feel defeated by the outcome of the game or his/her performance.
- \_\_\_\_\_ I will never ridicule or yell at my child, other participants or officials for making a mistake or losing a competition.
- \_\_\_\_\_ I will emphasize skill development practices and how they benefit my child over winning and de-emphasize games and competition in the lower age groups.
- \_\_\_\_\_ I will promote the emotional and physical well-being of the athletes ahead of any personal desire I may have for my child to win.
- \_\_\_\_\_ I will demand an environment for my child that is free from drugs, tobacco, alcohol and will refrain from their use at all events.
- \_\_\_\_\_ I will refrain from coaching my child or other players during games and practices, unless I am one of the official coaches of the team.

I also agree that if I fail to abide by the aforementioned rules and guidelines, I will be subject to disciplinary action that may include, but is not limited to the following:

- Verbal warning by official, head coach, and/or PARPC staff member
- Written warning
- Parent game suspension with written documentation of incident kept on file.
- One year suspension

Parent/Guardian name: (please print) \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Child's Name: \_\_\_\_\_ Sport: \_\_\_\_\_



SPORTS COMPLEX

RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, INDEMNITY AND PARENTAL CONSENT AGREEMENT

IN CONSIDERATION of being permitted to participate in any way in any activity ("Activity") at the facility located on or about 798 Airport Road, Palmyra, Pennsylvania, owned or operated by In the Net, Inc. (the "Company"), I, for myself, for my personal representatives, assigns, heirs, next of kin, and, if applicable, minor child, execute this agreement ("Release"), and hereby:

- 1. Acknowledge, agree, and represent that I understand the nature of the Activity and that I am qualified, in good health, and in proper physical condition to participate in such Activity. I further agree and warrant that if at any time I believe conditions to be unsafe, I shall immediately discontinue participation in the Activity;
2. Fully understand the risks associated with the Activity, which involve risks and dangers of serious bodily injury, including, but not limited to, illness, permanent or temporary disability, or death ("Risks"). I understand that participation in such Activity may involve close contact with other participants, which may result in the exposure to bacteria, virus, micro-organisms or other illness-causing pathogens, including, but not limited to, exposure to strains of COVID-19, or similar coronavirus strains. Further, I understand that such Risks may be caused by my own actions or inactions, the actions or inactions of others, the negligence, actions or inactions of the Releasee, and/or may be caused by the conditions under which the Activity takes place or the type of Activity itself;
3. Fully accept and assume all such risks and all responsibility and liability for losses, costs and damages that I incur as a result of my participation and/or the participation of the minor engaged in the Activity;
4. Release, discharge, and covenant not to sue the Company, their respective administrators, directors, agents, officers, members, volunteers, and employees, other participants, any sponsors, advertisers, and owner and lessor(s) of premises on which the Activity takes place (each considered one of the "Releasees" herein), from all liability, claims, demands, losses, damages caused or alleged to be caused in whole or in part by the negligence of the Releasees or otherwise, including negligent rescue operations, and I further agree that, if, despite this Release, I or anyone on my behalf, makes a claim against any of the Releasees, I expressly agree to indemnify, hold harmless, and defend, to the fullest extent allowable under the law, any and all Releasees, their successors and assigns, against all losses, damages, liabilities, deficiencies, claims, actions, judgments, settlements, interest, awards, penalties, fines, costs, or expenses of whatever kind, including reasonable attorney's fees, that are claimed or awarded against Releasees arising out of or resulting from, or alleged to arise out of or resulting from, the Activity or participation in the Activity; and
5. Expressly agree that this Release may be treated as a complete defense to any action or proceeding that may be brought, instituted, or taken by or on behalf of the undersigned, and shall forever be a complete bar to commencement or prosecution of any action or proceeding arising out of the Activity against any Releasees, their successors and assigns.

I, being the Participant, parent or legal guardian, have read this Release in its entirety, and fully understand that I have given up substantial rights by signing it and have signed it freely and without inducement or assurance of any nature, and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this Release is held to be invalid, the balance, notwithstanding, shall continue in full force and effect.

Printed Name of Participant: \_\_\_\_\_ Phone: ( \_\_\_\_\_ ) \_\_\_\_\_

Address: \_\_\_\_\_
(street address) (city) (state) (zip code)

Participant's Signature (only if age 18 or over): \_\_\_\_\_

Date: \_\_\_/\_\_\_/\_\_\_ Email Address: \_\_\_\_\_

MINOR RELEASE

And I, the undersigned, declare that I am the parent and/or legal guardian of the Participant, and to the same extent set forth in Section 1-5 above, understand the nature of the Activity, and assert that, given the Minor's experience and capabilities, that I believe the minor to be qualified, in good health, and in proper physical condition to participate in such activity, and hereby release, discharge, covenant not to sue, indemnify, hold harmless, and defend each of the Releasees from all liability claims, demands, losses, or damages sustained by the minor, caused or alleged to be causes in whole or in part by the negligence of the Releasees or otherwise, including negligent rescue operations, and further agree that if, despite this release, the minor, or anyone on the minor's behalf makes a claim against any of the Releasees named above, I will indemnify, save, and hold harmless each of the Releasees against any litigation expenses, attorney's fees, loss liability, damage, or cost that may incur as the result of any such claim.

Printed name of Parent/Guardian: \_\_\_\_\_

Address (if the same as the participant, write "SAME"): \_\_\_\_\_
(street address) (city) (state) (zip code)

Phone (if the same as the participant, write "SAME"): ( \_\_\_\_\_ ) \_\_\_\_\_ Alt. #: ( \_\_\_\_\_ ) \_\_\_\_\_

PARENT/GUARDIAN SIGNATURE (only if participant is under the age of 18): \_\_\_\_\_

Date: \_\_\_/\_\_\_/\_\_\_ Email Address: \_\_\_\_\_

PLAYER MAY NOT TAKE THE FIELD OR PARTICIPATE IN THE ACTIVITY IN ANY WAY UNTIL THIS FORM COMPLETED, SIGNED & SUBMITTED TO IN THE NET - NO EXCEPTIONS WILL BE MADE